





Suggested Hikes



Hike #1: A.T.-Hawksbill Loop

2.9-mile circuit, moderate, 2 hours hiking time, 860-foot elevation gain. At the north end of parking lot, take the short connector trail to the Appalachian Trail (A.T.). At the trail post, turn left onto the A.T. south. Continue on the A.T. south to the trail post indicating Salamander Trail. Go left onto blue-blazed Salamander Trail and follow to the summit. Descend via blue-blazed Lower Hawksbill Trail to starting point.



Hike #2: Lower Hawksbill

1.7-mile round trip, easiest, 1 1/4 hours hiking time, 690-foot elevation gain. Ascend from this point via Lower Hawksbill Trail to the summit. Retrace your steps to return to starting point.



Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

Before You Go!

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all times.
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water-at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and www.nps.gov/shen
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.